

middelheim
museum

De kunst van zintuiglijke verbinding

Jolien Posthumus





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**Mentale Gezondheid
is van ons allemaal**



REGIONAL OFFICE FOR

**World Health
Organization**
Europe

HEALTH EVIDENCE NETWORK SYNTHESIS REPORT 67

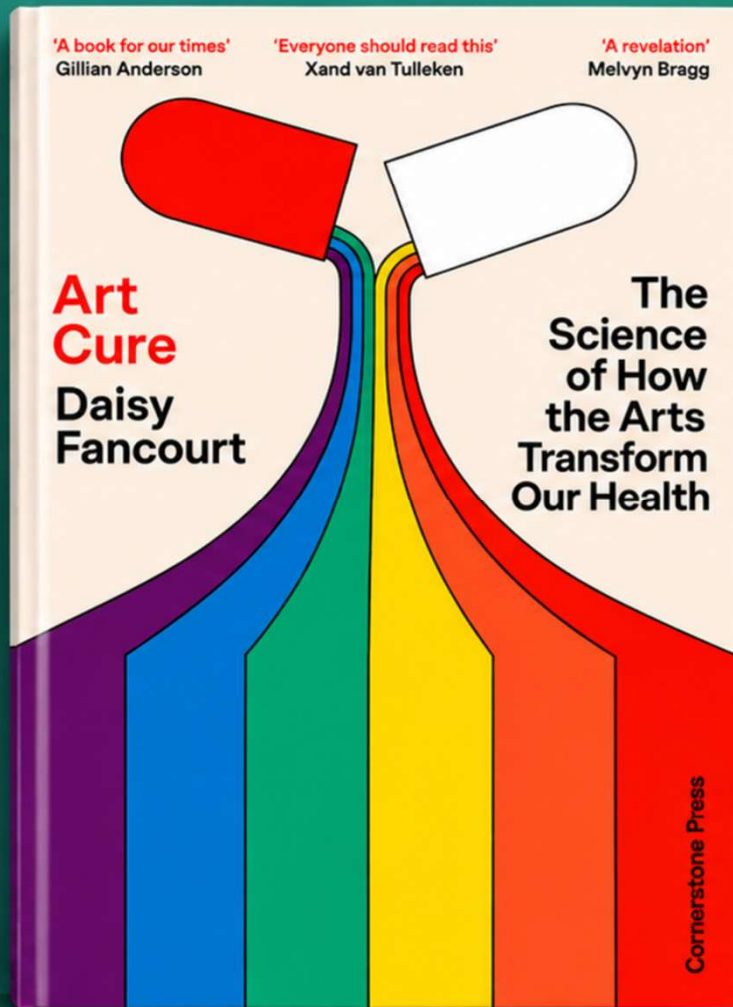
What is the evidence on the role of the arts in improving health and well-being?

A scoping review

Daisy Fancourt | Saoirse Finn



READ THE REPORT



Zintuiglijk waarnemen



Interoceptie



Kijken



Proeven



Ruiken



Multisensorisch



Voelen



Proprioceptie



Horen



Evenwicht

A group of people, mostly women, are gathered in a circle on a dark stage. One person stands in the center with their arms raised high, looking upwards. The others are crouching or lying down, some with their heads bowed. The scene is dramatically lit from above, creating strong highlights and deep shadows. A large red circle is overlaid on the right side of the image, containing the text.

**Goed omringd zijn
& samen zorgdragen**



Jolien Posthumus